

Your review

Young person's report

How do you like living where you are now?

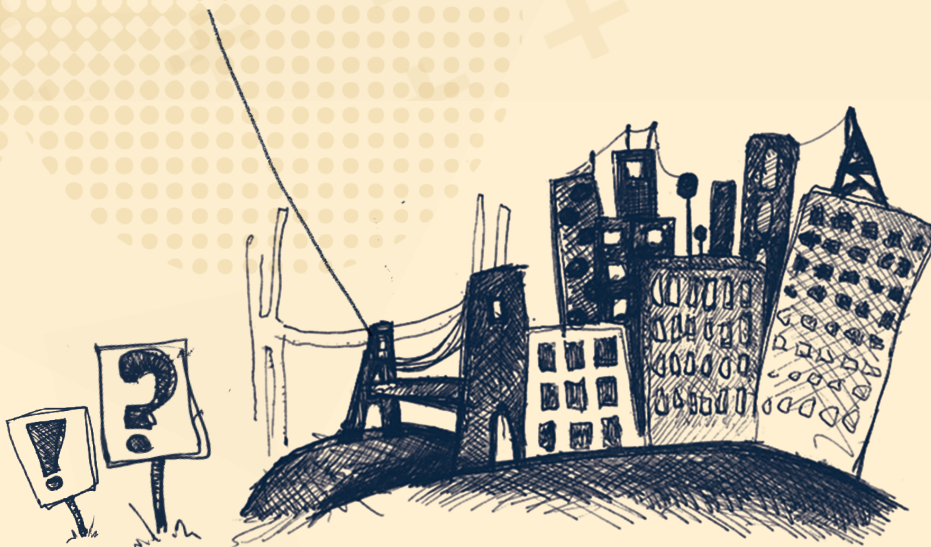
This is YOUR REVIEW – it's really important that you get the chance to say what you feel, and what you would like to change... if anything.

Your name

Your age

Date of review

- A review is where changes can be made to your care plan. It's important that you give your views. Use this form to help you decide what you want to say. Ask an adult to help if you like. Try to tick a box for each question and feel free to write down your comments.
- Please tell your social worker if there is anyone who you would like to invite to your review, or if there is someone who you would prefer did not attend.
- This form is confidential, but will normally be read by the people who come to your review. If you don't want this to happen please tell your social worker or the review chairperson.



1. How do you like living where you are now?

It's really good I Like it It's OK I Don't like it

Would you like to say why you ticked this particular box?

2. How do you get on with the people you live with?

Very well OK Not very well Would you like to say why you ticked this particular box?

3. Is there anything else you would like to say about where you live–

For instance about the food, pocket money, or the rules and what happens if you break them?

4. Have you experienced people being unfair or horrible to you because they think you are different?

Yes No If so, what do you do about it?

5. Do you know why you are being looked after away from home?

Yes No

Has anyone talked to you about what was decided at your last review?

Yes No This is my first review

6. If you are moving soon, are you getting the help and preparation you need?

Yes No Do you want to say why you ticked this box?

7. Do you have any needs to do with your race or religion that we can help you with? For example, clothes, food, celebrations, and so on.

8. Do you have the right amount of contact with your family and friends?

Is there someone you would like to see MORE often?

Yes No If yes, who is this and how often do you want to see them?

Is there someone you would like to see LESS often?

Yes No If yes, who is this and how often do you want to see them?

If there are members of your family you cannot see, do you understand why?

Are you at :

school? college? work? training? other? What is it like?

Is there anything you need help with?

10. Do you have any worries about your health?

Yes No

If yes, have you talked to an adult about it?

Yes No

11. What interests or activities do you take part in?

Are there other things you'd like to try?

12. Do you see your social worker?

too much about right not enough Would you like to say why you ticked this box?

13. What things would you like discussed at your review?

14. Can you say how you generally feel most of the time? You can pick more than one and add your own.

happy	<input type="checkbox"/>	sad	<input type="checkbox"/>	lost	<input type="checkbox"/>	lonely	<input type="checkbox"/>
frightened	<input type="checkbox"/>	numb	<input type="checkbox"/>	tired	<input type="checkbox"/>	loved	<input type="checkbox"/>
cared for	<input type="checkbox"/>	helped	<input type="checkbox"/>	picked on	<input type="checkbox"/>	supported	<input type="checkbox"/>
rejected	<input type="checkbox"/>	lucky	<input type="checkbox"/>	satisfied	<input type="checkbox"/>	ok	<input type="checkbox"/>
bored	<input type="checkbox"/>	anxious	<input type="checkbox"/>	understood	<input type="checkbox"/>	angry	<input type="checkbox"/>
don't know	<input type="checkbox"/>						

How else do you feel?

Do you want to say why?

15. Is there an adult you trust who you can talk to confidentially, for example social worker, foster carer, keyworker, independent visitor, teacher, health worker, advocate?

Yes No

Would you like to get in touch with the Children in Care Council about anything?

Yes No

If there is anything else you would like to say and there wasn't enough room or it's about an issue not mentioned here, please use a separate sheet of paper and attach it to this form.



Remember to visit the website for all of Bristol's children in care. Visit www.rvoice.co.uk