



How to Contact Us



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“We’re here for you!”



Children Looked After Nurses

CLAN

For

Children & Young People

“We’re here for you!”

Health Academy For Young People



You and your health are important to our team and we are here to help you get your health sorted.



We know a lot of young people and have come across a lot of situations. So, whatever you tell us won't surprise, shock or embarrass us.



Staying well means that other things in your life can be easier, for example making friends, learning and working through difficulties.

Make sure you benefit from staying healthy let us help you look after yourself.



“We’re here for you”

Health Academy For Young People

Because your health is important, when you become looked after you are entitled to a health assessment.

A health assessment focuses on *staying well* and *healthy* and is a chance to talk to a doctor or nurse about:-

- ❖ How you are growing
- ❖ What makes you happy or unhappy
- ❖ Whether you are getting the right treatment for conditions such as Asthma and Eczema
- ❖ A chance to talk about keeping yourself safe
- ❖ Getting the max out of other health services



“We’re here for you”